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Assessing the robustness of recommendations made in a guideline on specialist neonatal respiratory care in babies born preterm with threshold analysis

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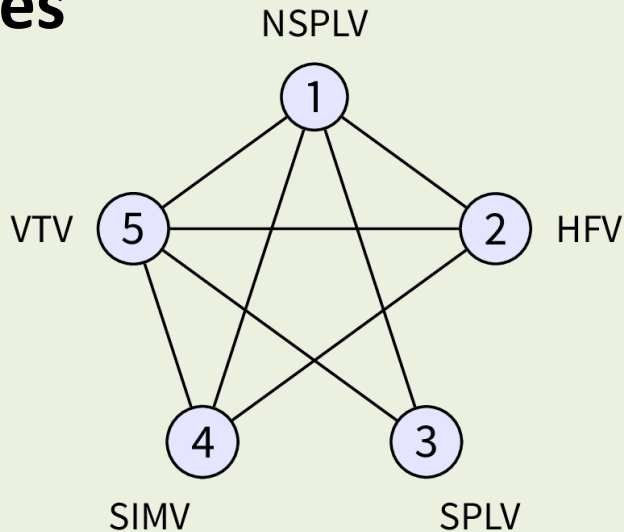
NICE Clinical Guideline: Invasive ventilation for preterm babies

Five interventions

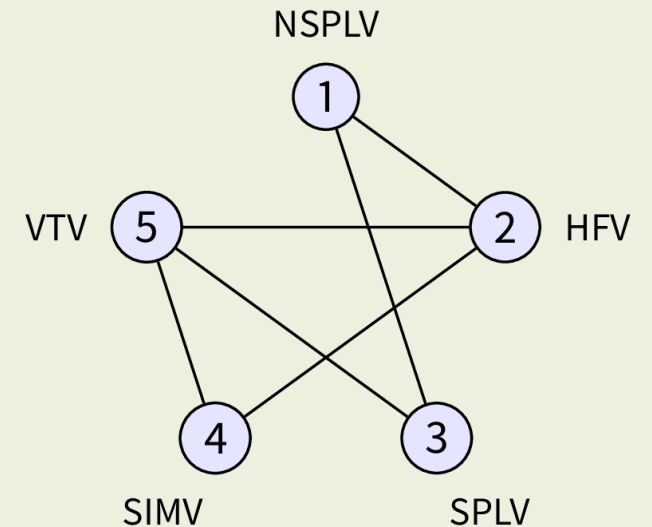
- Non-synchronised pressure limited (NSPLV)
- High frequency (HFV)
- Synchronised intermittent mandatory (SIMV)
- Synchronised pressure limited (SPLV)
- Volume targeted (VTV)

Two outcomes

Mortality



Bronchopulmonary Dysplasia (BPD)



Network Meta-Analysis (NMA)

- Combines evidence on multiple treatments from several studies
- Arranges treatments on a network structure joined by study evidence
- Provides a coherent set of treatment effect estimates
- Is routinely used to inform clinical guideline recommendations, technology appraisals

Invasive ventilation: Initial recommendations

Invasive ventilation techniques in the neonatal unit

For preterm babies who need invasive ventilation, **use volume-targeted ventilation (VTV)** as the primary mode of respiratory support. If VTV is not effective, **consider high-frequency oscillatory ventilation (HFV)**.

Do not use synchronised pressure-limited ventilation (SPLV) such as...

(NICE guideline NG124)

Invasive ventilation: Key concerns for decision makers

- High risk of bias due lack of blinding and treatment switching in all studies
- Concern over strength of “do-not-do” SPLV recommendation based on mortality

Motivation for threshold analysis

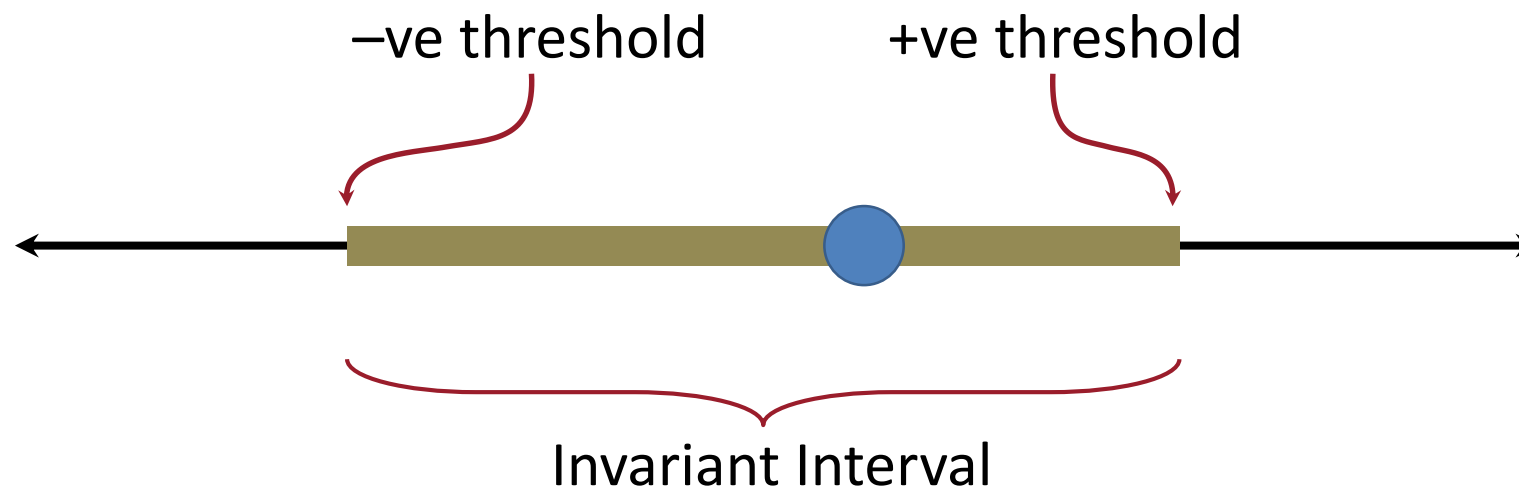
How robust are the recommendations based on NMA?

- Risk of Bias (or evidence quality) is only part of the story...

		Risk of Bias	
		High	Low
Influence	Low		
	High		

Threshold Analysis

Create an *invariant interval* for a data point:

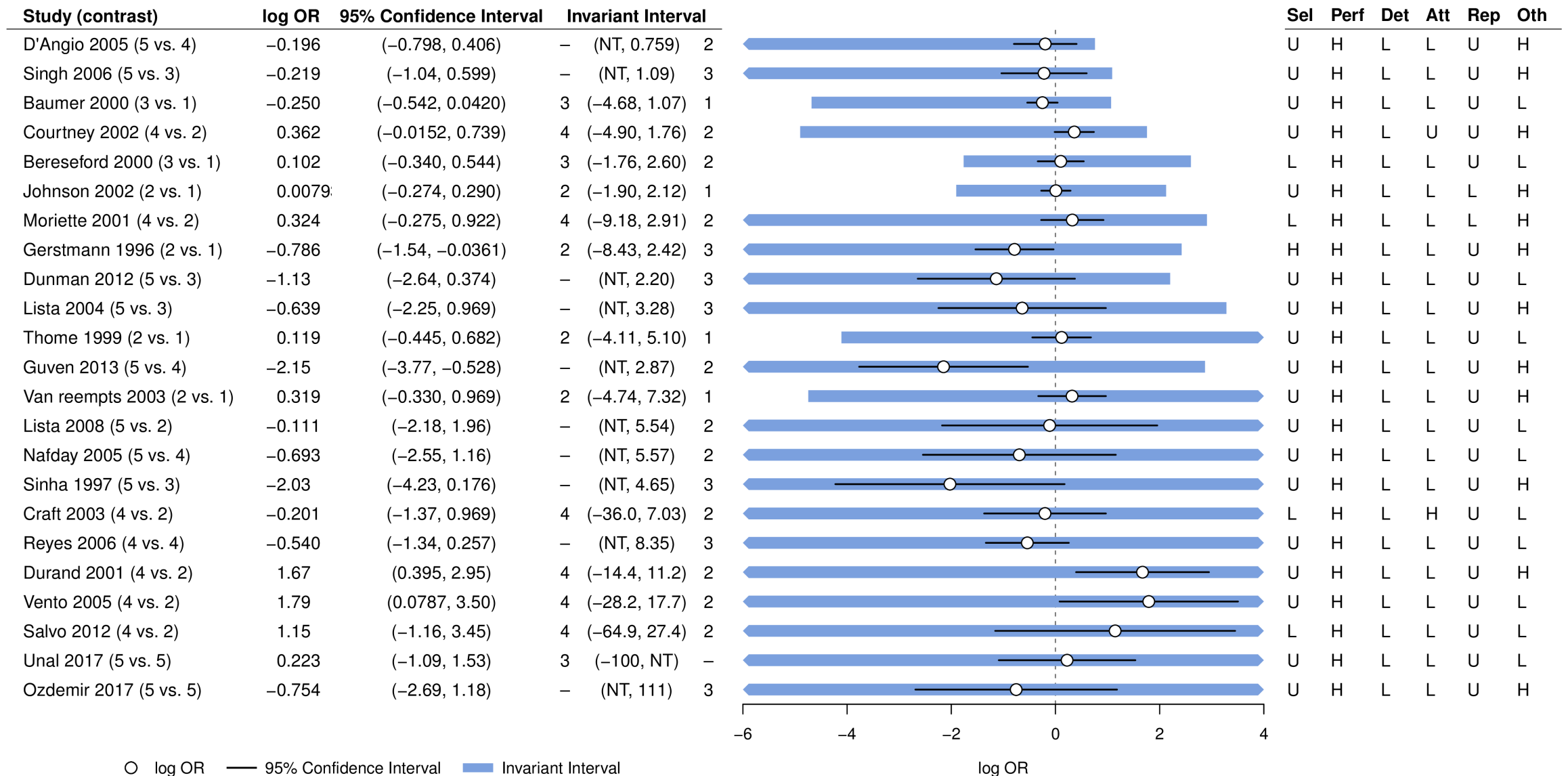


How much would the evidence have to change before we reach a new recommendation?

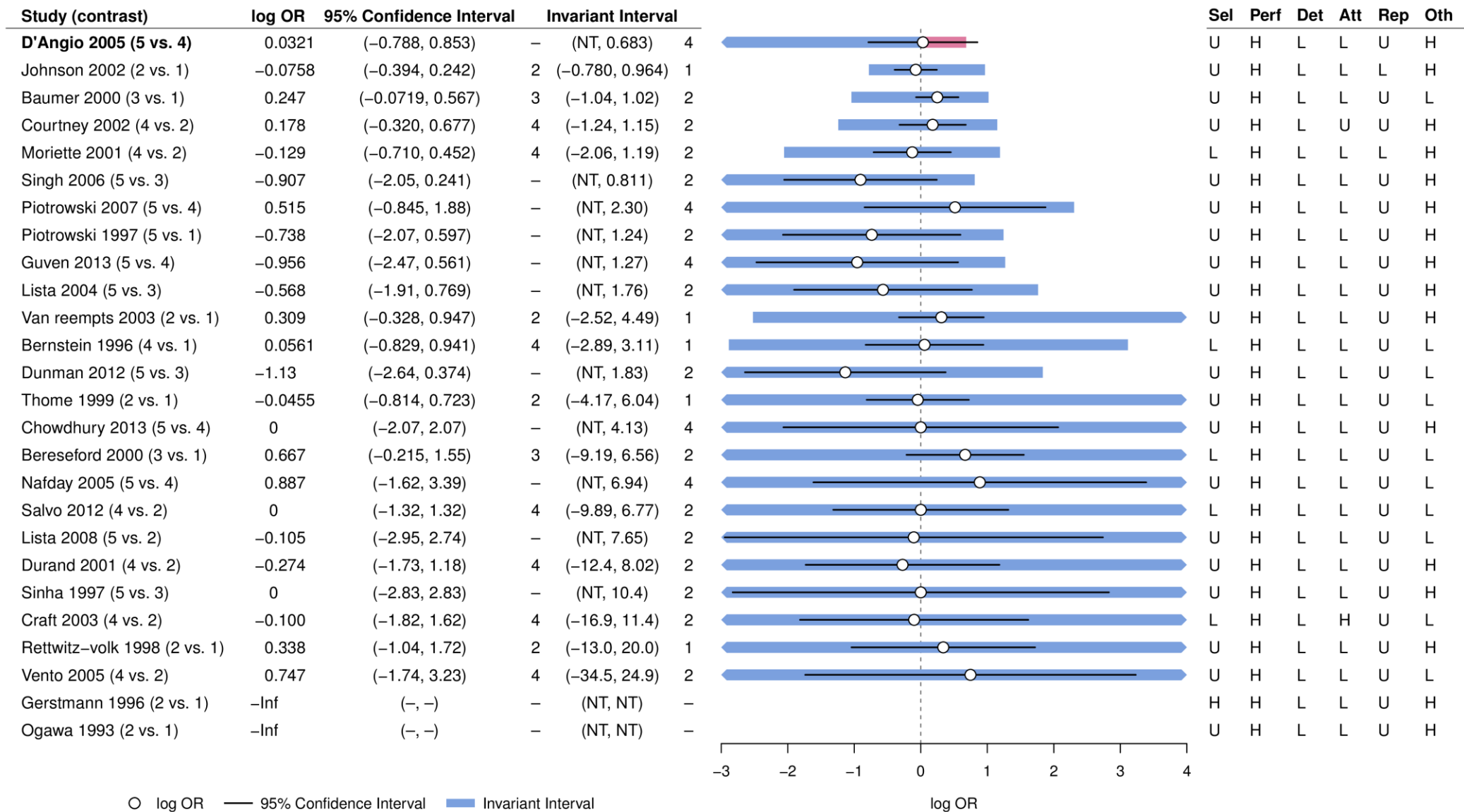
Positive recommendation for VTV

Threshold results for BPD and mortality

BPD – best ranked intervention (VTV, 5)



Mortality – best ranked intervention (VTV, 5)



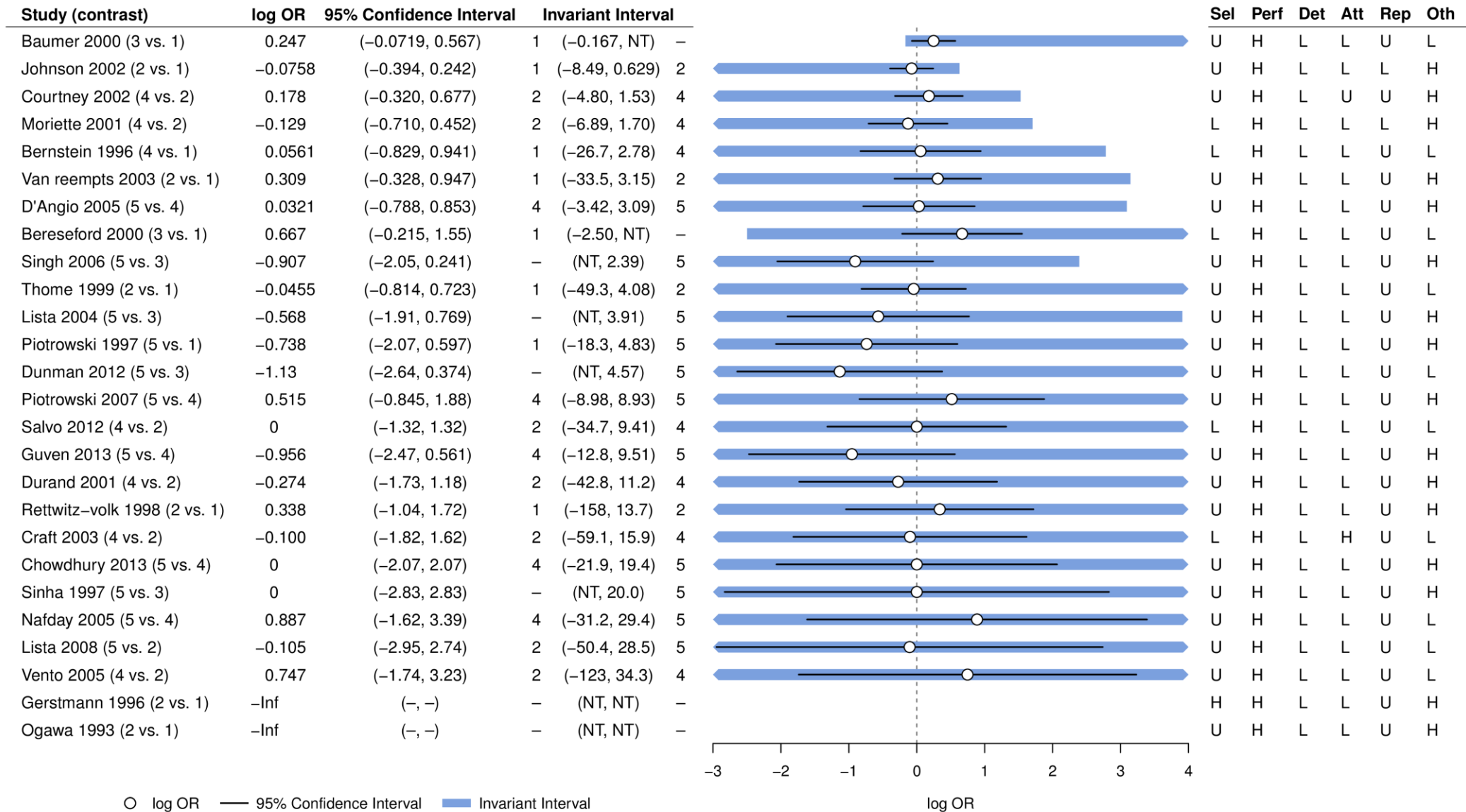
Positive recommendation for VTV

- Robust on **BPD** outcome, despite high risk of bias
- Sensitive to the level of uncertainty in a single study (D'Angio 2005) for **mortality** outcome
 - Could lead to SIMV being ranked best for mortality
 - No “significant” difference between top two treatments for mortality
 - log odds ratio for VTV vs. SIMV is -0.21 (95% CrI: $-0.67, 0.25$)

Do-not-do recommendation for SPLV

Threshold results for mortality

Mortality – worst ranked intervention (SPLV, 3)



Do-not-do recommendation for SPLV

- Worst-place ranking of SPLV for **mortality** was robust, despite high risk of bias

Impact on decision-making

Positive recommendation (VTV)

- First-place ranking for BPD was robust
 - Placated concerns over potential biases in the evidence
- First-place ranking for mortality was sensitive to imprecision from a single study
 - Committee considered this when formulating the positive recommendation

Do-not-do recommendation (SPLV)

- Last-place ranking for mortality was robust
 - Provided reassurance to the committee for this do-not-do recommendation

Conclusions

- Evidence quality and risk of bias are not sufficient to assess robustness of decisions
- Threshold analysis provides insight into the effects of changes in the evidence on treatment decisions
 - We can have more confidence in recommendations where thresholds are large
 - We can focus attention on the quality of decision-sensitive evidence
- More complex analyses can investigate specific concerns in the evidence
- Can be used with a range of decision rules or for decisions based on cost-effectiveness

Thank You

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Phillippo DM et al. (2018). *Sensitivity of treatment recommendations to bias in network meta-analysis*. J Royal Stat Soc A, 181:843-867. doi:10.1111/rssa.12341

Phillippo DM et al. (2019). *Confidence in recommendations based on Network Meta-Analysis: threshold analysis as an alternative to GRADE NMA in guideline development*. Ann Intern Med, 170(8):538-546. doi:10.7326/M18-3542

R package *nmathresh* package available on CRAN.

Final guideline available from [nice.org.uk/guidance/ng124](https://www.nice.org.uk/guidance/ng124).